

# Chiral symmetry

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# Outline

Handedness

Chiral symmetries

Chiral symmetry breaking

Heating matter

Handedness

Chiral symmetries

Chiral symmetry breaking

Heating matter

# One fact about relativity

Nothing moves faster than light



# One fact about quantum mechanics

Point-like particles have angular momentum



# One fact about quantum mechanics

Point-like particles have angular momentum  
integer or half-integer multiples of  $\hbar$



Put them together

Chirality!

# Handedness of matter

Neutrinos travel as fast as light



# Handedness of matter

Neutrinos travel as fast as light  
Just one chirality of neutrino  
interacts with matter



# Chirality of the universe

The universe is  
left-handed!

# What about quarks?

Protons and neutrons are made of quarks

very light particles

Chiral symmetry is pretty good  
but both chiralities found in nature

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# Another fact about quantum mechanics

The state of a quantum system specified by probability amplitude  $\psi(x)$  where

$$\int |\psi(x)|^2 = 1$$

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The state of a quantum system specified by probability amplitude  $\psi(x)$  where

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Overall phase of  $\psi$  has no physical meaning  
so  $\psi$  and  $e^{i\alpha}\psi$  describe same system

# Flavours of particles

If distinct particles

1. feel exactly the same kinds of forces



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then they are called  
different flavours of the same particle

# Wavefunctions of flavours

A wavefunction of two flavours of particles is the collection of two wavefunctions:

$$\psi = \begin{pmatrix} \psi \\ \phi \end{pmatrix}$$

with normalization

$$\int (|\psi|^2 + |\phi|^2) = \int \psi^\dagger \psi = 1$$

# Phases of flavours

The phase of such a wavefunction is a matrix

$$U = \begin{pmatrix} \alpha & \beta \\ \gamma & \delta \end{pmatrix} \quad \text{and} \quad \Psi \rightarrow U \begin{pmatrix} \psi \\ \phi \end{pmatrix} = U\Psi.$$

# Phases of flavours

The phase of such a wavefunction is a matrix

$$U = \begin{pmatrix} \alpha & \beta \\ \gamma & \delta \end{pmatrix} \quad \text{and} \quad \Psi \rightarrow U \begin{pmatrix} \psi \\ \phi \end{pmatrix} = U\Psi.$$

Normalization is ensured if

$$(U\Psi)^\dagger (U\Psi) = \Psi^\dagger \Psi. \quad \text{This means } U^\dagger U = 1.$$

# Unitary (flavour) symmetries

Since  $\Psi$  and  $U\Psi$  are the same  
physics is independent of  $U$

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Since  $\Psi$  and  $U\Psi$  are the same  
physics is independent of  $U$

Symmetry under multiplication by  $U$ !



# Chiral symmetries

If the particles are massless then  
there is a flavour symmetry for each chirality

Handedness

Chiral symmetries

Chiral symmetry breaking

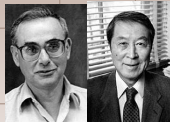
Heating matter

# Spontaneous symmetry breaking

If Hamiltonian has a symmetry  
but ground states do not  
then we have spontaneous symmetry  
breaking

# Nambu-Goldstone Modes

Spontaneous breaking of unitary symmetry  
implies low energy excitation about  
equilibrium;  
called Nambu-Goldstone mode



# A simple example

Crystals break translational symmetry

# A simple example

Crystals break translational symmetry  
Phonons are Nambu-Goldstone bosons

# Hadrons show broken chiral symmetry

$\text{mass}(\text{proton}) \simeq \text{mass}(\text{neutron}) \simeq 938 \text{ MeV}$

$\text{mass}(\text{rho}) \simeq 770 \text{ MeV}$

$\text{mass}(\text{pi}) \simeq 140 \text{ MeV}$

The pion is a Nambu-Goldstone boson

A fact about quarks

Chiral symmetry  
is broken  
spontaneously



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# Broken symmetries can be mended

Crystals break translational symmetry

# Broken symmetries can be mended

Crystals break translational symmetry  
Mended by vaporising them

# Mending chiral symmetry

Broken chiral symmetry can be mended

# Mending chiral symmetry

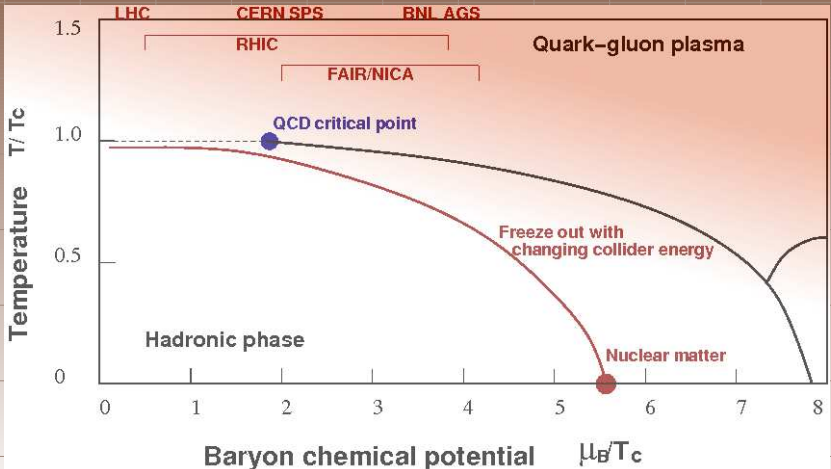
Broken chiral symmetry can be mended by  
heating to 2,000,000,000 Kelvin

# Mending chiral symmetry

Broken chiral symmetry can be mended by heating to 2,000,000,000 Kelvin

New fact about nature established in 2011

# Phase diagram of matter



# Methods

Theory: lattice gauge theory, supercomputers

Experiments: relativistic heavy-ion colliders

Astrophysics: neutron stars, early universe



# Methods

Theory: lattice gauge theory, supercomputers

Experiments: relativistic heavy-ion colliders

Astrophysics: neutron stars, early universe

Wikipedia: quark matter, lattice theory